



Portland  
**DANZ**  
 -tensions  
 Dance Studio  
 Handbook 2025

*Director: Sicely Kennedy L.A.T.O.D*

Diploma Dance Teaching and Management, Cert IV Training & Assessment,

Licentiate member Australian Teachers of Dancing



# Contents

Important Dates For 2025.....	3 - 4
Classes Overview.....	5 - 6
Conditions of Enrollment/Policies/Codes.....	7
How to Enroll.....	8
Overview of Costs.....	9
Discounts and Concert Package.....	10
Payments.....	11
Uniforms.....	12 - 13
Concerts and Assessments .....	14
Ballet Classes.....	15
Jazz Classes.....	16
COMBO Ballet/Jazz Classes.....	17
Tap and Contemporary Classes.....	18
Musical Theatre Classes.....	19
Hip-hop Classes.....	20
Extension Classes.....	21
Competition Classes.....	22
New Classes.....	19

Please note that all class times and prices quoted in this document are projected only and will be confirmed at the end of January 2025

## Important Dates for 2025

<b><u>January</u></b>	<b>Competition Team Troupe Workshops</b> <i>Mon 20th—Wed 22nd January</i>
<b><u>February</u></b>	<b>2025 Classes Commence</b> <i>Monday 3rd February</i> <b>Wood Wine and Roses performance</b> <i>Saturday 22nd February</i>
<b><u>March</u></b>	<i>March Labour Day Weekend</i> <b>CLASSES AS NORMAL</b>
<b><u>April</u></b>	<b>End Term 1</b> <i>Friday 4th April</i> <b>Start Term 2</b> <i>Monday 28th April</i> <b>ANZAC Day</b> <i>Friday 25th April</i> <b><u>NO CLASSES BEFORE 1PM</u></b>
<b><u>May</u></b>	<b>Senior Comp Team Rehearsal</b> <i>Sunday 4th May</i> <b>Junior Comp Team Rehearsal</b> <i>Sunday 18th May</i> <b>Junior &amp; Senior Comp Team Rehearsal</b> <i>Sunday 25th May</i>
<b><u>June</u></b>	<b>Competition Showcase</b> <i>Sunday 1st June</i> <b>ATOD Championships</b> <i>Saturday 7th &amp; Sunday 8th June</i> <b>Kings Birthday</b> <i>Monday 9th June</i> <b><u>CLASSES AS NORMAL</u></b> <b>Hamilton Eisteddfod</b> <i>9th—15th June</i> <b>Midyear Concert</b> <b><u>Sunday 29th June</u></b>
<b><u>July</u></b>	<b>End Term 2</b> <i>Friday 4th July</i> <b>Mount Gambier Eisteddfod</b> <i>7th—13th July</i> <b>Warrnambool Eisteddfod</b> <i>14th—19th July</i> <b>Start Term 3</b> <i>Monday 21st July</i>
<b><u>August</u></b>	<b>Junior classes fitting day</b> <i>Sunday 10th August</i> <b>Senior classes fitting day</b> <i>Sunday 24th August</i>
<b><u>September</u></b>	<b>Assessment Dates</b> <i>Saturday 6th and Sunday 7th September OR Saturday 13th and Sunday 14th September (to be confirmed end term 2)</i> <b>Ararat Eisteddfod</b> <i>19th—27th September</i> <b>End Term 3</b> <i>Friday 19th September</i>

## Important Dates for 2025

### October

**Danz X-tensions 25th Birthday** *Saturday 4th October*

**Start Term 4** *Monday 6th October*

**Concert Rehearsal** *Sunday 19th October*

**Concert Rehearsal** *Sunday 26th October*

### November

**Melbourne Cup** *Tuesday 4th November CLASSES AS NORMAL*

**Photo Day** *Sunday 9th November (tentative)*

**Concert Rehearsal** *Sunday 16th November*

**Concert Rehearsal** *Sunday 23rd November*

**Concert Week Stage Rehearsals** *Mon 24th—Wed 26th November*

**Full Dress Rehearsal** *Thursday 27th November*

**End of Year Concert** *Saturday 29th November*

**Breakup Party** *Sunday 30th November*

⇒ December *Classes are finished for 2025*

## Overview of Classes

- **Preschool Dance - Age 3 & 4 years**

Music and movement classes where children will learn the basics of dance through various musical games, stimulating imaginative play and rewarded learning. Students develop co-ordination, musicality, balance, gross motor skills, recognizing numbers, letters and colours, learning directions, basic dance class etiquette, general manners, and improve memory skills through repetition. Concerts are optional.

- **Classical Ballet - Age 5 and above**

A strong focus on developing correct classical technique across all age groups while keeping the learning environment age appropriate, fun and inspiring. Students develop poise, flexibility, co-ordination, musicality, self discipline, and team work skills. Concerts for all, examinations available for all.

Pointe classes also available for those of adequate age, training and strength.

- **Jazz Dance - Age 5 and above**

High energy classes with a strong focus on developing correct jazz technique and style, improving fitness, strength and the importance of team work. Students learn both modern and historical jazz steps to develop a broad jazz repertoire and appreciation.

Extension classes are also available for dancers who take a more serious approach to their jazz dancing and developing their skills beyond their regular classes.

- **Tap Dance - Age 6 and above**

Rhythmical percussion classes where students develop strong musicality and a sense of musical patterns, tempo and timing while developing co-ordination, style and flair.

## Overview of Classes

- **Musical Theatre - Age 6 and above**

Classes focus on developing singing, acting and dancing skills in multiple styles. Students learn confidence in self, appreciation of musical theatre and develop team work skills while developing their imagination and improvisation skills.

- **Contemporary Dance - Age 8 and above**

Develop co-ordination, flexibility, strength, body awareness, spatial awareness, confidence, creativity and improvisation dance skills in these free flowing classes.

- **Hip-hop Dance - Age 5 and above**

Classes full of hip-hop energy and attitude that develop core strength, co-ordination and power. Students learn musicality, confidence and team skills.

- All classes cater to all young people who wish to learn to dance.
- Ages is measured as of 28th February 2025
- Classes are grouped according to age, though ability does come into consideration when a student is more advanced or a beginner.
- Syllabus work learned is Australian Teachers of Dancing (A.T.O.D)
- Examinations of syllabus work offered for all levels, compulsory for all those in Bronze, Silver, Gold, Senior classes and Level 4 & above.
- Two concert performances per year. 29th June & 29th November.

## Conditions of Enrolment, Policies and Codes

When a student enrolls at Portland Danz X-tensions both they and their families agree to abide by the conditions of enrolment.

Portland Danz X-tensions has the right to terminate a student's enrolment if either they or a member of their family acts in a way that is not in accordance with our conditions of enrolment, code of conduct, policies and procedures or child protection policy.

Potential students/parents will receive a copy of all our policies and codes along with this booklet. You can also request a copy via email at

[danzx-tensions24@outlook.com](mailto:danzx-tensions24@outlook.com)

### Particular conditions to note upon enrolment:

- Permission is given to seek first aid or medical attention, including ambulance, if required.
- Permission is given to photograph and/or film students to be used for studio publicity or memorabilia.
- I understand (when not in a pandemic) that at times my child will have some physical contact with teachers for correction purposes and other students for support and to form sequences throughout dance routines. I give permission for this.
- **Danz X-tensions must be informed in writing if a student will not be returning to class the following term.**
- All fees are the responsibility of the person who signed up the student regardless of plans to share payment with other parties.
- Paying parties agree to pay all fees by the due date and understanding that failure to

do so may result in the dancer being sat out of class until payment has been made.

- Students are expected to attend all classes and notice will be given to the teacher if student will be away.
- Students and parents are aware that any type of bullying committed by a Danz X-tensions member, student or parent will be taken very seriously and dealt with accordingly.
- Drop off and pickup is to be at the bottom of the stairs.
- **All choreography remains the intellectual property of Portland Danz X-tensions and cannot be used outside the studio in competition, at school or other non Danz X-tensions event without the written consent of the studio director.**

For a full and complete list of our terms and conditions please go to our website [www.danzx-tensions.com](http://www.danzx-tensions.com)

# How to enroll for 2025

## How do I enroll for 2025?

Go to

<https://dancestudio-pro.com/online/danzx24>

- Either sign in with existing email address or create an account.
- Fill in parent details and then fill in student details. This includes creating a password for your account.
- Accept waiver
- Sign
- You will be redirected to home page. Go to Register - classes
- Select your classes of choice
- Registration fee MUST be paid for your class selections to be held.
- Auto pay sign up required, see payments page for information.

Upon enrolment students and parents agree to abide by the conditions of enrolment outlined in the terms and conditions of enrolment both when in the studio and while representing Portland Danz X-tensions at events.

A copy of the Terms and Conditions can be found under the heading Waivers in you DSP account and they can also be found on the school website.

## Website and Facebook page

Once enrolled please join the members section on our website [www.danzx-tensions.com](http://www.danzx-tensions.com) to gain access to pertinent information and purchase uniform from the shop. Please also follow us on our Facebook page [@DanzXTensions](https://www.facebook.com/DanzXTensions) follow us on Instagram [@portlanddanzxtensions](https://www.instagram.com/portlanddanzxtensions) to for pictures and updates throughout the year.

## Video sharing App

Students are expected to do some at home practice each week, to make this easier we have a video app (Movitanz) where class videos are uploaded that students can access from home. Included in your class fees.

An access code and sign up information are distributed upon attending your first class.

## Studio Security

The studio 1 door has pin pad access to ensure the security of our dancers when in class.

The door code will be changed at the start of each year and again throughout the year if it is found that security has been compromised.

Students please keep a copy of the code in your dance bag.

Parents/Guardians please ensure you also know the access code in the case of an emergency.

## TeamReach Communication App

For basic communications please join your appropriate TeamReach group and have your notifications on.

Major information will be sent via email but daily communications and updates will be communicated via TeamReach.

Access codes available upon enrolment

<https://dancestudio-pro.com/online/danzx24>



## Overview of Costs 2025

### Costs per term

Please see class description for length of class.

Multiple class discounts will change the cost per term amount, depending on number of classes taken. See page 7.

<b>Tuition Fees</b>			<i>Payable term 2</i>
<b>Length of Class</b>	<b>Cost per term</b>	<b>Cost per class*</b>	<b>EOY costume purchase</b>
Preschool non concert	\$96	\$13	\$0
30 minute class	\$108	\$15	\$100
30 minute private lessons		\$37	n/a
45 minute technique class only	\$106	\$14.50	\$0
45 minute class	\$118	\$16	\$110
60 minute class	\$128	\$17.50	\$130
75 minute class	\$138	\$19	\$130
90 minute class	\$148	\$20.00	\$130

### Tuition Fees include:

- Weekly classes during school terms.
- Access to video sharing app (Movitanz)
- Costume hire for all concerts

**Please note all classes must have a minimum of 4 participants to run. Classes run with less than 4 will incur a higher tuition fee.**

Tuition fees may change without notice.

\*Per class rate only applicable upon request

<b><u>Extras per term charged per family</u></b>		
<b><i>Dancers per family</i></b>	<b><i>Concert Package per term</i></b>	<b><i>Total Extras per term</i></b>
1	\$40	<b>\$40</b>
2	\$58.75	<b>\$58.75</b>
3	\$76.25	<b>\$76.25</b>
4	\$92.50	<b>\$92.50</b>

# Discounts - Concert Package

## Family Multi Class Discount

- First class is charged at full price
- Second and Third class 5% discount off those classes
- Fourth and Fifth classes 10% discount off those classes
- Sixth and Seventh classes 15% discount off those classes
- Eighth and Ninth classes 25% discount off those classes
- Tenth class and above is FREE

Please note: Competition troupe classes and private lessons are NOT included in any discounts.

## Early Payment Discount

As a thank you to those who pay their accounts early we are now offering an early payment discount.

### **3% Pre Term Discount**

3% discount when account that term is paid in full BEFORE the start of that same term.

All discount are applied automatically when you select full payment.

Early payment discount only available on tuition fees of non discount classes.

## Concert Package Family Rates

Concert package covers costs for all extra concert rehearsals and concert week stage rehearsals, photo day sitting fee per student, Concert DVD per family.

**The amount is charged once per family each term, not per class.**

- No discounts will be applied to concert package.
- Concert package is split into four equal installments to be paid across the course of the year to lessen the burden of cost in term 4.
- Students who enroll in term 2 will have two installments on their first invoice. Students who enroll in term 3 will have three installments on the first invoice.
- Non refundable after end of term 2.

## Per Family Per Term Charges

- 1 Student: \$40 per term (\$160 annually)
- 2 Students: \$57.50 per term (\$230 annually)
- 3 Students: \$75 per term (\$300 annually)
- 4 Students: \$92.50 per term (\$370 annually)

# Payments

## Upon registration you are required to set up for autopay.

**This is for us to keep a card on file to ensure payment of fees. You can talk to us about other options for payment if that is more preferable but we will still need to keep a card on file to assure payment.**

## Transaction Fees:

When paying using DSP there are zero transaction fees when paying using your bank account and just 0.81% when paying with credit card.

Your DSP account will be charged all known fees for the term on...

Term 1 : From first week in January or the first Friday after your registration is received.

Term 2: 1st April

Term 3: 1st July

Term 4: 1st October

## Fees Due Dates:

Term 1: 28th Feb 2023

Term 2: 30th April 2023

Term 3: 31st July 2023

Term 4: 31st October 2023

## Payment Options:

1. DSP auto-pay. (preferred) You do nothing, we will email you one week prior to charges coming out of your account. You can advise us at that time if there is a need for a lesser amount and when the balance can be charged.
2. DSP payment plan. We can discuss with you a plan that best suits your financial needs. We create the plan which is automatically paid on a weekly or fortnightly basis. This is the only way to avoid late fees if you cannot complete payments by the due date.

3. DSP pay any time. Log into your DSP account when best suits you to pay the amount that best suits you at that time. This option allows you to pay your fees early. Due dates still apply.

4. Bank transfer to the school account.

BSB: 033656

Account No: 164359

Please use STUDENT name as reference

**Due dates still apply.**

5. Cash - please place correct amount into an envelope with student name and amount clearly on front. Due dates still apply.

**All fees MUST be paid in full before the commencement of the following term. Students with unpaid accounts over \$30 will not be permitted to participate in class until their account is settled in full.**

Any extra charges sustained outside the listed dates will be added to your DSP account at the time they are incurred, due no later than the end of the term incurred.

End of year Costume (term 2) and Assessments (term 3) will be invoiced separately with due dates with their own due date.

## Administration Fees

Anytime we have to chase people for money ie send out reminders after the due date, an administration fee of 7.5% will be charged and then \$10 each week thereafter until account is paid in full.

We do our best to avoid having to charge any extra fees and we will send out reminders prior to the due date.

If something has come up and you cannot make payment in time, all you need to do is talk to us about alternatives for payment.

If you create extra office work for us ie chasing you for payment, then we will charge you for our time.

## About Uniforms

### Uniform 2025

We do have a set uniform for all classes. Please see your class page for specifics.

All uniform is for sale on our website - in the members section - and directly from the studio via appointment.

[www.danzx-tensions.com](http://www.danzx-tensions.com)

- ⇒ Prices of our shoe range and tights are all in line with or cheaper than what you can purchase elsewhere.
- ⇒ Our MDM shoe pricing are a extra special low price only available to Danz X-tensions families
- ⇒ When orders are ready for pickup they will be on the table located inside the studio 1 door.
- ⇒ Only limited sizes of ballet shoes and jazz shoes are kept in stock and all other ballet shoes, tap shoes and jazz shoes will be ordered in as orders are received.
- ⇒ For second hand items please see the TeamReach app where parents are welcome to list items for sale.
- ⇒ Not sure on sizes? Please book in for a fitting with Sicely. Book a time via your DSP portal.

We sell exclusively MDM ballet and jazz shoes, and Bloch tap shoes.

### About MDM dance shoes:

MDM dance shoes have been designed to support a dancers feet in a way that no other dance shoe does. They are made with a special inner sole that cushions and supports the foot which in the long term helps to diminish the chance of foot injuries that can occur in a regular dance shoe.

MDM shoes are a little more expensive than some others but the technology applied to the shoe puts it way ahead of others making it the much safer choice for your child's foot and leg development.

### Super cheap shoes from Kmart, Aldi etc.

These are the worst possible shoes you can get for your child. They are made so cheaply that they offer zero support for growing feet and legs. We know they are cheap but you could be putting your child's foot and leg development at risk by using these.

### Hair for Class

- Preschool and Ballet classes - neat ballet bun - tutorial supplied on Movitanz
- Tap, Jazz, Hip-hop and Musical Theatre classes - tidy ponytail or other off the face secure up style
- Boys - off the face or secured back in a low ponytail if sufficient length.

SEE NEXT PAGE FOR WHAT PARTICULAR UNIFORM IS REQUIRED FOR THE DIFFERENT STYLES OF DANCE

## **Base Dance Uniform Required By Style Of Dance**

Costs not listed due to continued market changes. Please see our website for prices.

Even though lists are separated into girls and boys uniforms we are happy to interchange pieces for the comfort of our dancers.

Some extra gear may be required depending on the class level.

### **Preschool Dance Uniform**

#### **Girls**

- Danz X-tensions brand light pink leotard
- Studio 7 Salmon pink ballet tights
- Energetiks Pink debut ballet shoes
- Danz X-tensions brand Black crossover

#### **Boys**

- White plain t-shirt or Danz Tank
- Black Unisex Danz shorts or fitted mid-high shorts
- MDM Black Ballet shoes

### **Ballet Classes Uniform**

#### **Girls**

- Danz X-tensions brand leotard (juniors—light pink, intermediates—mulberry, seniors—red)
- Theatrical pink ballet tights
- MDM Ballet shoes
- Ribbons for ballet shoes (required for concerts and assessments only)
- Danz X-tensions brand Black crossover

#### **Boys**

- White plain t-shirt or leotard
- Black leggings or fitted mid-thigh shorts
- MDM Black Ballet shoes

### **Jazz & Musical Theatre & Contemporary Uniform**

#### **Girls**

- Danz X-tensions crop top and/or Danz X-tensions single top
- Danz X-tensions fitted shorts
- Energetiks skin tone dance tights
- MDM Jazz shoes

#### **Boys**

- Danz X-tensions tank top
- Black Danz unisex shorts
- MDM Jazz shoes

### **Hip-hop Classes Uniform**

- Danz X-tensions crop top and/or Danz X-tensions single top or Danz X-tensions tank top
- Danz X-tensions fitted or unisex shorts or Danz X-tensions leggings
- Plain black flat soled shoes—no brand

### **Tap Classes Uniform**

#### **Girls**

- Danz X-tensions brand leotard (juniors—light pink, intermediates—mulberry, seniors—red)
- Danz X-tensions fitted shorts
- Energetiks skin tone dance tights
- Black tap shoes
- Danz X-tensions brand Black crossover

#### **Boys**

- Same as for Jazz but with black tap shoes

# Concerts & Assessments

## Concerts

We hold two concerts each year. A small performance at the end of June and then our big end of year show at the end of November. All students participate. (Optional for preschool students)

For both shows students wear costumes and stage makeup. (Please speak to Sicely if you would like the know more about why dance students wear makeup on stage)

Participation in our shows teaches students about performance quality, commitment to their team, stage etiquette and safety, team work, organization skills, attention to detail and goal setting, and for older students it also promotes mentoring and leadership.

In addition to the above our performances are both a reward to students and a thank you to parents for their commitment and dedication to this wonderful art form.

## Concert Costume Expenses

Most classes wears 3 costumes per year. One midyear, two end of year. Of the two end of year costume one you purchase and keep after the concert.

**Costume Hire:** Incorporated into your dance fees so no extra expenses when we get to the concerts. All classes.

## **Costume you get to keep after EOY concert:**

Max cost per costume is \$130 . Your DSP account will be charged at the start of term 2 and payment is due by the end of May.

- ⇒ **Students who enroll in term 3 participate in just one routine per class for the end of year concert.**
- ⇒ **COMBO classes will perform in just the one routine at all concerts.**

## Assessments/Exams

**Compulsory for all students in Bronze, Silver, Gold, Level 4 & above and Senior classes.**

**Optional for Test 1, 2, 3 classes, Hip-hop classes and preschool classes.**

Assessments are carried out at the studio in early September and assessed by a qualified examiner from Australian Teachers of Dancing.

Students work throughout the year on technical aspects of their chosen style with the end goal to develop their skills to the very best they are capable of achieving.

Costs start at approximately \$45 at the preschool class levels and increases though the levels to \$200 at the advanced levels. Your DSP account will be charged the appropriate fee at the start of July, due end July.

Upon receiving results students are rewarded for their hard work with an official certificate of attainment, critique and class specific badge.

Students who complete senior exams (elementary and above) can also list the achievement on their work resume as proof of the commitment, dedication, organization and the focus on detail required to participate at these high levels.

Assessments are not solely about pass and fail but about learning to work hard, commitment to a goal and working to achieve your personal best.

# Ballet Classes

Ages is measured as at 28th February 2025

## Preschool Dance

- Age 3 - 5 years (attend kindy)
- Mondays & Tuesdays class options
- Length: 30 minutes

Optional Extras Concert Participation

## Gold Medal Ballet & Pre Pointe

Includes pre-pointe preparation.

- Age 14 years and over
- Class: Monday 6:15pm
- Length: 75 minutes

## Tiny Ballet

- Age 5 - 6 years
- Class: Thursday 4:30pm
- Length: 30 minutes

## Elementary Ballet

- Previous training only
- Class : Tuesday 5pm
- Length: 75 minutes

## Test 2 Ballet

- Age 7 - 9 years
- Class: Monday 4pm
- Length: 45 minutes

## Intermediate Ballet

- Previous training only
- Class : Tuesday 7:00pm
- Length: 90 minutes

## Bronze Medal Ballet

- Age 10 - 11 years
- Class: Wednesday 6:15pm
- Length: 45 minutes

## Pointe Technique

This class is for students who are in Elementary or Intermediate Ballet only

- Previous training only
- Class: Tuesday 6:15pm
- Length: 45 minutes

## Silver Medal Ballet

- Age 12 - 13 years
- Class: Monday 5:15pm
- Length: 60 minutes

# Jazz Classes

Ages is measured as at 28th February 2025

## Tiny Jazz

- Age 5 - 6 years
- Class: Thursday 5:00pm
- Length: 30 minutes

## Silver Medal Jazz

- Age 13 years and over
- Class: Tuesday 7pm
- Length: 45 minutes

## Test 2 Jazz

- Age 7- 8 years
- Class: Monday 4:45pm
- Length: 45 minutes

## Gold Medal Jazz

- Previous training only
- Class: Wednesday 5:15pm
- Length: 60 minutes

## Test 3 Jazz

- Age 9- 10 years
- Class: Wednesday 4:00pm
- Length: 45 minutes

## Intermediate Jazz

- Previous training only
- Class: Thursday 7:30pm
- Length: 60 minutes

## Bronze Star Jazz

- Age 11 - 12 years
- Class: Wednesday 7:00pm
- Length: 45 minutes



# COMBO Ballet/Jazz Classes

Ages is measured as at 28th February 2025

These classes are for dancers who would like to do both ballet and jazz dance without the commitment and cost of two classes.

This class will cover both ballet and jazz dancing techniques.

At concerts these classes will perform just the one routine, cutting costuming costs for these families.

No exams at all

## Beginner

### COMBO CLASS

- Age 7- 9 years
- Class: Wednesday 4pm
- Length: 45 minutes

## Junior

### COMBO CLASS

- Age 10 - 12years
- Class: Tuesday 4:45pm
- Length: 45 minutes

## Teen

### COMBO CLASS

- Age 13 years and over
- Tuesday 7:45pm
- Length: 45 minutes

# Tap Dancing classes

# Contemporary classes

Ages is measured as at 28th February 2025

## Tiny Tappers

- Age 5– 7 years
- Class: Thursday 4pm
- Length: 30 minutes

## Beginner Contemporary

- Age 8– 10 years
- Class: Wednesday 4:45pm
- Length: 45 minutes

## Test 3 Tap

- Age 8 - 11 years
- Class: Wednesday 4:00pm
- Length: 45 minutes

## Junior Contemporary

- Age 11 - 13 years
- Class: Tuesday 6:15pm
- Length: 45 minutes

## Silver/Gold Tap

- Age 12 years and over
- Class: Wednesday 6:15pm
- Length: 60 minutes

## Senior Contemporary

- Age 14 years and over
- Class: Monday 5:30pm
- Length: 45 minutes



# **Musical Theatre Classes**

*Not currently running due to lack of interest*

## **Musical Theatre classes combine Singing, Dancing and Acting**

### **Level 1 Musical Theatre**

- Age 7- 10 years
- **Class: Tuesday 4pm**
- **Length: 45 minutes**

**NOTE: These classes must have a  
minimum of 15 dancers across the 3 classes  
to run in 2025.**

### **Level 5 Musical Theatre**

- Age 11 and over
- **Class: Wednesday 7pm**
- **Length: 45 minutes**

### **Level 8 Musical Theatre**

- Previous training only
- **Class: Thursday 4:00pm**
- **Length: 45 minutes**

# Hip-hop Classes

Ages is measured as at 28th February 2025

## Level 1 Hip-hop

- Age 5 - 7 years
- Class: Thursday 5:45pm
- Length: 45 minutes

## Level 12 Hip-hop

- Previous training only
- Class: Friday 7:30pm
- Length: 45 minutes

## Level 3 Hip-hop

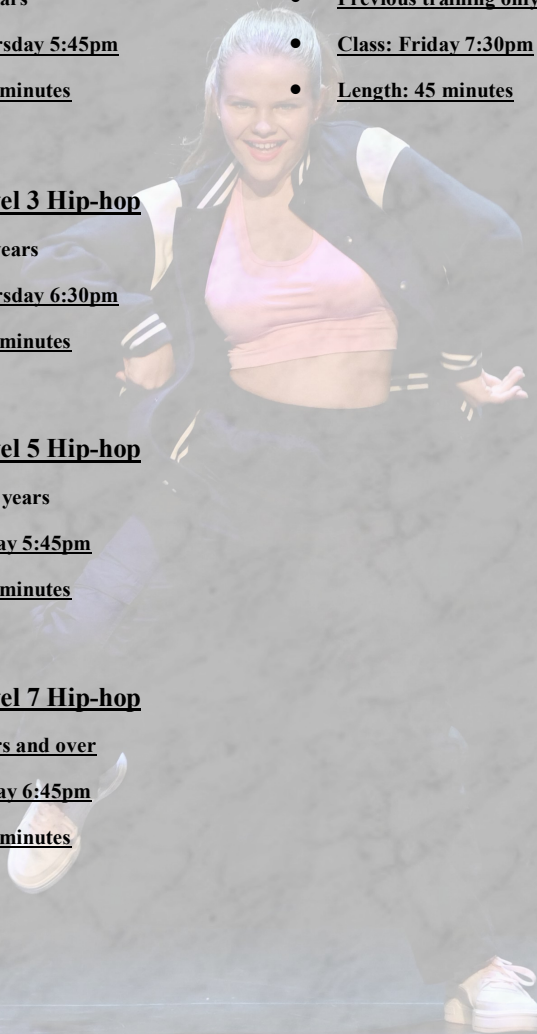
- Age 8 - 10 years
- Class: Thursday 6:30pm
- Length: 45 minutes

## Level 5 Hip-hop

- Age 11 - 13 years
- Class: Friday 5:45pm
- Length: 60 minutes

## Level 7 Hip-hop

- Age 14 years and over
- Class: Friday 6:45pm
- Length: 45 minutes



# Extension Classes

Ages is measured as at 28th February 2025

## **Jazz Extension Class**

This class is for dancers wishing to work on extending their jazz technique beyond their normal class.

Students work on refining technique, learn new steps and techniques, develop strength and flexibility needed for jazz dancing.

Junior class is for Test 3 and Bronze dancers.

Senior class is for Silver, Gold and senior dancers.

**Junior Class: Tuesday 5:30m**

**Senior Class: Monday 7:00pm**

**Length: 45 minutes**

# Competition Classes- invitation only

## Junior and Senior Competition Teams

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## Solos

- Students must be enrolled in at least one ballet class per week.
  - Acceptance to either competition team is by invitation only.
  - All soloists **MUST** be part of a competition team.
  - Soloists are selected from within the competition teams only.
- 
- **Junior Troupe (under 12 years):  
Monday 4:15pm, 60 minutes**
  - **Senior Troupe (12 years and over):  
Thursday 6:00pm, 90 minutes**

For more information email Sicely at danzx-tensions@bigpond.com

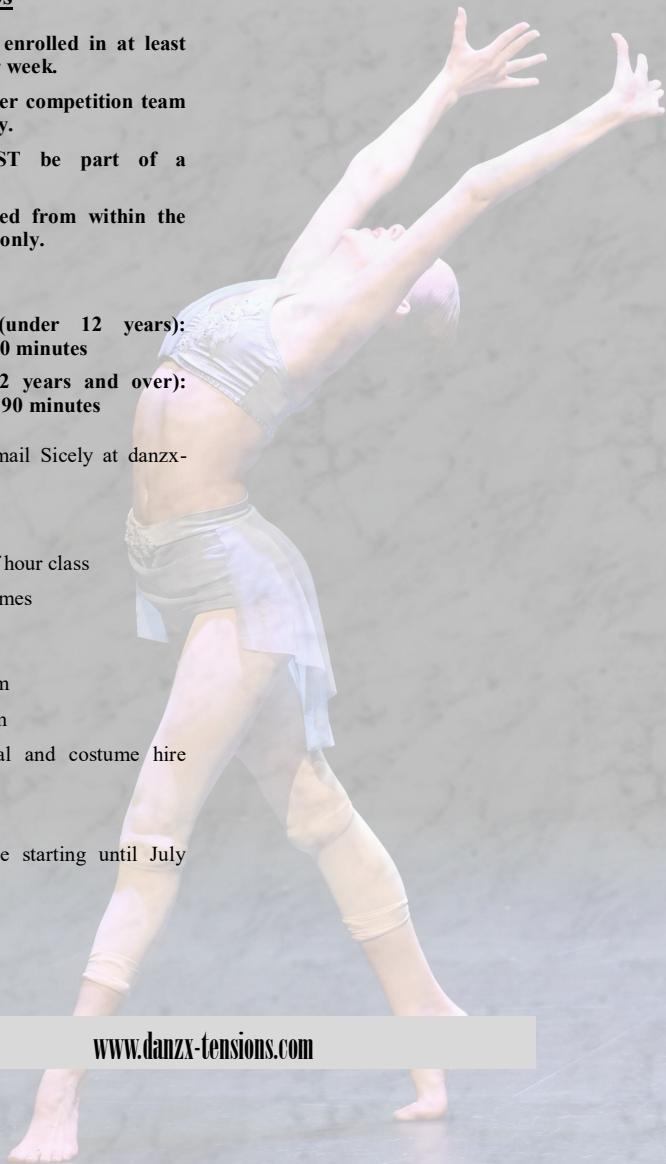
### **Costs Solos**

- \$37 per weekly half hour class
- Own supplied costumes

### **Costs Troupes**

- Juniors \$80 per term
- Seniors \$95 per term
- Plus extra rehearsal and costume hire term 2

No new soloists will be starting until July 2025.







**2025 classes commence**  
**Monday 3rd February 2025**

**Postal Address: PO Box 180 Portland, Vic 3305**  
**Studio Address: 24 Henty St Portland, Vic 3305**

*Phone: 0418 521 127*

*E-mail: [danz-tensions@bigpond.com](mailto:danz-tensions@bigpond.com)*

*Website: [www.danz-tensions.com](http://www.danz-tensions.com)*